

# Catering Menu



1039 Park Blvd.  
Massapequa Park, NY 11762  
[www.TheGoodLifeNY.com](http://www.TheGoodLifeNY.com)  
For all your catering needs please call  
**(516)500-3311**



Jam is available in the evenings after 5pm for Private Parties.  
Jam is a great private space for gatherings of 25 to 55 guests.  
Ideal for Rehearsal Dinners, Surprise Birthdays, Retirement Parties,  
Anniversaries, Holiday Parties, Beer or Wine Paired Dinners  
Or any of your catering needs. All Jam events are 4 hour affairs.



# Off Premise Trays

## Wings

50pc \$65 / 100pc \$115

Any flavor - Buffalo, Buffalo Blue, Garlic Chile, Tikka Masala, BBQ, Spicy Stori, Jamaican Jerk

## Chicken Fingers

per dozen \$18

## Chicken Cordon Blue Balls

per dozen \$14

Gravy, Cranberry Reduction

## Fried Mac & Pepper Jack

per dozen \$20

Cajun Ranch Drizzle

## Mashed Potato Wontons

per dozen \$14

Cheddar Cheese, Bacon, Sour Cream Chives

## Salads

### Good Life House Salad

1/2 Tray \$25/Full Tray \$40

Crumbled Feta, Golden Raisins, Walnuts, Mixed Greens, Honey Balsamic Vinaigrette

### Caesar Salad

1/2 Tray \$25/Full Tray \$40

Shaved Parmesan, Croutons, Marinated Olives, Romaine, Caesar Dressing

## Cobb Salad

1/2 Tray \$35/Full Tray \$50

Crumbled Blue Cheese, Hard Boiled Eggs, Carrots, Avocado, Cherry Tomatoes, Crumbled Bacon, Mixed Greens, Diced Turkey, House Dressing

## Garden Salad

1/2 Tray \$25/Full Tray \$40

Cucumber, Tomatoes, Carrots, Croutons, Shredded Cheddar, Iceberg & Romaine, House Dressing

## Buttermilk Fried Boneless Chicken

1/2 Tray \$65/Full Tray \$120

Mashed Potatoes, Crispy Brussel Sprout Leaves, Cider Vinaigrette Drizzle

## Chicken Tikka Masala

1/2 Tray \$70/Full Tray \$130

Sauteed Chicken, Indian Spices, Tomato Yogurt Sauce, Jasmine Rice, Pita Bread

## Shepherd's Stew

1/2 Tray \$70/Full Tray \$130

Braised Beef, Carrots & Peas, Parsnip Puree, Hash Brown Cheddar Crust, Demi-Glace

## Traditional Mac & Cheese

1/2 Tray \$40/Full Tray \$75

3 Cheese Sauce, Cellentani Pasta, Panko Cheddar Crust

## Garlic ParmMac & Cheese

1/2 Tray \$40/Full Tray \$75

3 Cheese Sauce, Roasted Garlic Cream, Panko Parmesan Crust

## Pulled Pork Mac & Cheese

1/2 Tray \$45/Full Tray \$85

3 Cheese Sauce, Roasted Garlic Cream, Panko Parmesan Crust